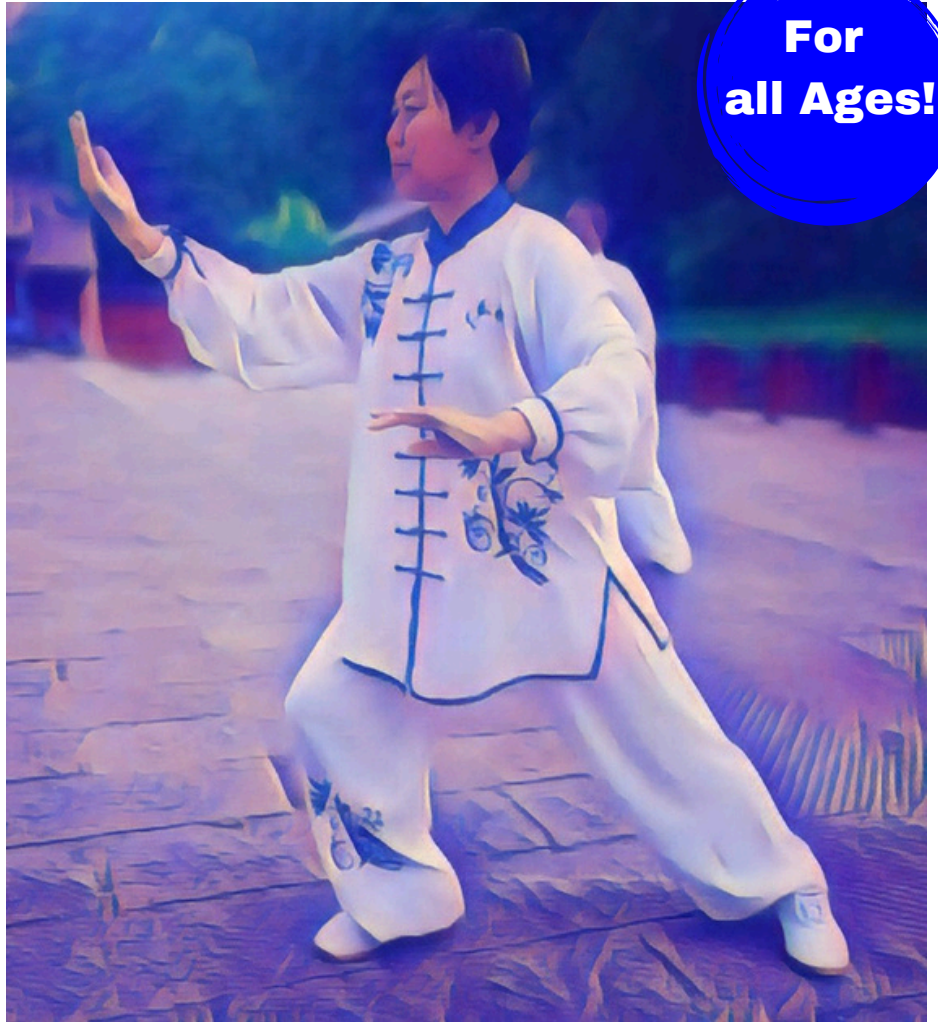


Join us for...

World Tai Chi Day

Hosted by:



Saturday, April 26, 2025

8:00 - 9:00 am, McConnell Arboretum & Gardens

Meet at the future site of the Redding Tai Chi Meditation Garden
(across from Charlotte's Bridge)

• Follow along or watch as we practice Tai Chi •



For more information visit:
reddingtaichi.com/events/